

SEATED CALF

JXPL - 003 - RBK - BL

Effective way to isolate and exercise muscle of calf, mainly soleus. Durable release arm and convenient handle. Plate load lever angled for easier loading / unloading of weights. Angled foot platform & thigh pad adjustment designed for deep stretch.



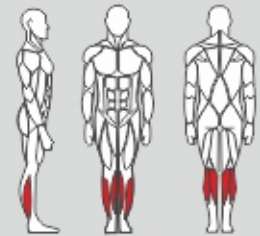
FEATURES

- ◆ **Ergonomic Seat:** Padded for comfort and proper alignment.
- ◆ **Adjustable Knee Pads:** Fits all sizes for stability during lifts.
- ◆ **High Weight Capacity:** Designed for heavy resistance training.
- ◆ **Plate-Loaded System:** Supports progressive resistance.
- ◆ **Compact Frame:** Durable and space-saving design.

SPECIFICATIONS

DIMENSIONS:

Length: 58 inches / 147 cms
Width: 36 inches / 91 cms
Height: 39 inches / 99 cms
Weight: 134 lbs / 61.2 kg



MUSCLE WORKED: Gastrocnemius, Soleus, Tibialis Anterior

COLOUR AVAILABLE: Dark Silver

*Attachments, Accessories, Weight Plates, Dumbbells & Bars to be Ordered Separately